

# HOW TO PROTECT YOUR DOG FROM GLYPHOSATE



## HOW TO **PROTECT YOUR**DOG FROM THE DANGERS OF **GLYPHOSATE**



#### 1. FEED THESE FOODS

- Fermented foods like sauerkraut or kefir. Add to regular food:
  - 1-2 tsp for small dogs
  - 1-2 tbsp for large dogs
- Muscle and organ meat from grass-fed animals
- · Small fish like sardines
- Eggs from free-range chickens
- Green leafy vegetables like spinach and broccoli blend or lightly steam them and add to your dog's food:
  - 1 tbsp for small dogs 3-4 tbsp for large dogs
- \*\*Always look for organic foods. Glyphosate doesn't wash off the food. It's IN it.

#### 2. STAY AWAY FROM THESE FOODS

- Corn
- Soy
- Sugar beets
- Canola
- Alfalfa
- Non-organic cereals and grains like wheat, barley, rice and oats
- · All genetically modified foods



#### **GIVE THESE SUPPLEMENTS**

- Glutathione\*\* a very important detoxifier and antioxidant. Glyphosate can reduce glutathione levels, so you need to supplement to support glutathione production.
- Multi-mineral supplement\*\* glyphosate makes nutrients unavailable to plants, and therefore unavailable to your dog. Make sure your dog is getting enough.
- **Probiotic supplement\*\*** probiotics help restore healthy gut bacteria and are responsible for so many things, from gene repair to the synthesis of nutrients like vitamin B 12.
  - Add directly to your dog's food or as a treat with some yogurt.
- **Turmeric** can help treat the damage done by glyphosate.
  - Make golden paste. Cook it up with some co conut oil and black pepper to make it easier for your dog to absorb. Give 1/8 to 1/4 per 10 lbs of body weight.
- Fulvic and Humic Acids\*\* these soil-based supplements can help heal and neutralize glyphosate damage. They contain hormones, fatty acids, ketones, flavonoids and vitamins and minerals things lost to glyphosate. These nutrients are good for digestion, cellular health, brain health, diabetes and pain and inflammation.
- Bentonite Clay bentonite is a negatively charged, highly absorbent clay that draws toxins from the body. Its negative ionic charge pulls positively charged

particles from the body then eliminates them through the kidneys and bowels.

- Mix 1/4 to 1/2 a tsp daily into your pet's water or food. Bentonite clay has absorbent qualities so make sure there's always fresh water available.

**Activated Charcoal** – charcoal can help prevent the harmful absorption of toxic substances. It's a detoxification adsorbent and you can find it in powder or pill form. Use it when you're concerned about high levels of exposure.

- A good rule of thumb is 5 grams per 10lbs of your dog's weight.

\*\* If you buy a supplement made for humans, assume the dosage is for a 150 lb person and adjust it for your dog's weight. If you buy a product made for dogs, follow the label directions.

### TIPS TO REDUCE EXPOSURE AND NEGATIVE EFFECTS

- Don't use herbicides (especially Roundup) or pesticides in your yard. Encourage your neighbours to do the same.
- Avoid parks, lakes, schoolyards, golf courses or other areas that have likely been sprayed with herbicide. Do your research. Ask public officials what they spray at your favorite dog park.
- Choose GMO-free foods look for the Non GMO Project Verified stamp on the food package.
- Give your dog a detox bath on a regular basis.

